

# World Tai Chi & Chi Gung Day

Saturday, April 24, 2010

10:00 – 11:00 am

You are invited to join us for this Worldwide Event!

## Where:

- ☯ Clark College in Vancouver, WA  
1933 Fort Vancouver Way  
Anderson Plaza at the Fountain

## Who:

- ☯ This event is open to the public.
- ☯ All ages may participate – from 8 to 88.
- ☯ No experience necessary.

## How:

- ☯ This event will begin with a guided Chi Gung warm-up. Then practice individually or with your own group\*.
- ☯ If you are new to these arts you may join-in with a group for beginners.

For more information contact:

Mark Moy at 360-573-2367; [info@MoyKungfu.com](mailto:info@MoyKungfu.com)

or go to...

[www.WorldTaiChiDay.org](http://www.WorldTaiChiDay.org)

[www.MoyKungfu.com/events.htm](http://www.MoyKungfu.com/events.htm) (event poster)

*\*Please – as a courtesy to all participants,  
no music will be played during this event.*